



Centered Riding® Clinic and TTEAM Demonstration with Carol O'Donnell Wilson

LEVEL 3 CENTERED RIDING INSTRUCTOR & CLINICIAN

Jan 15 (eve), 16 & 17, 2010

“Weather” Date: Jan 29 - 31

- **Improve Balance & Relaxation**
- **Enhance Riding Performance**
- **Increase Confidence & Security**

Enjoy Riding in a Friendly, Fun Atmosphere!

ABOUT THE CLINICIAN

Carol O'Donnell Wilson is a Level 3 Centered Riding® Instructor & Clinician, and a Guild Certified TTEAM Practitioner 2. She has more than 30 years of experience teaching and training in the fields of show Hunters, Dressage, Western, Trail and Pleasure Riding. She has studied riding under numerous riders and instructors of national and international acclaim.

Carol has completed over 450 hours of TTEAM & TTouch training with Linda Tellington-Jones and International TTEAM Instructors in the United States and Canada.

In addition to teaching Centered Riding and TTEAM clinics in the U.S., Carol currently teaches and trains at her farm in Meriden, Kansas. Her students have been competitive in Hunt Seat, Jumping, Dressage, Combined Training, Trail, 4-H and Western events for a number of years.

Carol has a B.A. Degree in Communications. Her extensive training in horseback riding and her excellent communication skills combine to deliver a pleasant, supportive learning environment for horse and rider.

Carol specializes in teaching riders a balanced and centered riding position, how to communicate clearly with their horses, how to apply rhythmic aids, and to better understand how a horse thinks and behaves. The result is improved performance of the horse and a harmonious partnership of horse and rider.

Who Should Attend?

Riders of any discipline and riding level, who would like to improve their balance, security, performance, and overall enjoyment of their horse.

Clinic Tuition:

Clinic Tuition covers costs for the Friday evening Lecture, Saturday and Sunday Clinic, including 2 - One Hour Semi-Private Riding Lessons, Unmounted Exercises, Handouts, Riding Lesson Observations, and Refreshments.

EARLY Bird Discount Tuition: \$225 - Must be paid in full with clinic application and postmarked by Nov. 30, 2009.

After Nov. 30, tuition is \$250. Payment by Check only. Please Submit your Clinic Application by **Dec. 31, 2009**.

Auditors: Limited space is available for participating auditors who may participate in Unmounted Awareness Exercises, Q & A and Discussion, plus observing riding lessons. Participating Auditor Fees: \$30/day postmarked by Dec. 15; After Dec. 15, \$40/day

Clinic Location:

GlenCARRY Stable, Indoor Arena (arena is insulated, but please dress warmly), 15517 Inca Lane, Crescent IA 51526. (712) 329-0203 evenings or (402) 350-6187 Cell.

More Information:

Kit Cudmore, (712) 3329-0203 evenings or cell (402) 350-6187, email kit.cudmore@glencarry.com



Carol O'Donnell Wilson
Centered Riding Clinic and TTEAM Demonstration

ADDITIONAL INFORMATION

RIDING SESSIONS will be one hour in length, with 2 to 3 riders per lesson. Lessons are tailored to student's needs and interests. For riders new to Centered Riding, *Intro to Centered Riding* is offered. For qualified riders with previous Centered Riding experience from Centered Riding Lessons and/or CR Clinics, we offer *Continuing Centered Riding* sessions.

TTEAM DEMONSTRATION on Kit's horse(time permitting). We will discuss any behavior or performance issues, and Carol will assess the horse and give her recommendations using the TTEAM TTOUCH philosophy and methods.

HORSES: Horse must be able to work safely in a group, must be able to at least walk and trot safely in a group, and must not be disruptive or a danger to others in the class. **We recommend that you ride a horse during the clinic that is trained well enough to allow you work on yourself, as you learn Centered Riding skills.** Stallions are not permitted. Horses should be current on all vaccinations and worming. A few school horses are available for use in the clinic for a charge of \$25/day. Please contact Kit at 402-350-6187 or via email/Facebook.

STABLING: Stabling is available on site. Costs: Stalls: \$20/day. Please provide your own hay/grain. Horses hauling in and out each day, should be tied to trailer in parking areas (or in trailer).

LUNCHES: We offer a catered lunch at the clinic for \$10/day/person.

ACCOMODATIONS: We can provide you with a list of nearby hotels, B & B's or camping areas, for your overnight stays.

CLINIC LOCATION: GlenCARRY Stable is located just outside Omaha, Nebraska in the Loess Hills of western Iowa. We offer hunter/jumper training & instruction, pre-school & children's lessons, boarding, foundation horsemanship, full and partial leases of school horses, two annual hunter/jumper schooling shows, and a variety of clinics and other activities throughout the year. Visit our website at www.glencarry.com or visit GlenCARRY Stable on Facebook.

LESSONS and TTEAM/TTOUCH: Centered Riding Lessons are available Friday, January 15.: Private: \$70; Semi-Private: \$45/Rider. We will also offer individual TTEAM consulting sessions on Friday. This will include an assessment of your horse and teach you some techniques to help improve your time together. \$140 for approximately 1.5 hours. First priority will be given to clinic riders. <http://www.ttouch.com/whyTTEAM.shtml>

TTEAM® - the Tellington TTouch method for horses - Improves Behavior, Performance, and Well-being and Enhances the Relationship Between Horse and Rider.

The Tellington TTouch helps to relieve tension, fear of contact, soreness or discomfort and can transform nervous, spooky or resistant horses and improve attitude and behavior. With TTouch your horse will enjoy learning and cooperate willingly. TTouch has been used extensively to speed healing and recovery from injury and illness in horses and in all animals, including humans.

TAPING: Audio and videotaping of riding sessions only is permitted for personal use; not for sale or commercial purposes.

REGISTRATION DEADLINE: Clinic Applications must be received and paid in full by December 31, 2009. After the deadline, applications will be accepted only if clinic space is still open. When the clinic is full, applicants will be placed on a waiting list.

CANCELLATION/REFUND POLICY: With your registration, you're purchasing a space in this clinic. Refunds will not be made unless your space can be filled from a waiting list or you can find a replacement for your clinic space.

WEATHER DATE: In case of inclement weather (please contact Kit to confirm), we will hold the clinic the weekend of Friday Jan. 29 through Sunday, Jan-31. Please hold your calendar open for both weekends, just in case!



RIDER APPLICATION

Jan. 15 (eve), 16 & 17, 2010

Please Submit No Later Than December 31, 2009

Your Name _____ Date: _____

Address _____

Phone(s) _____ E-mail: _____

SIGN ME UP FOR THE CLINIC !

Early Bird discount registration fee is \$225 if paid in full with application & postmarked by 11-30-09. Otherwise, clinic fee is \$250/person. Space is limited. Please SIGN UP EARLY!

I'M ENCLOSING:

- Early Bird Clinic Tuition-paid in full @ \$225 \$_____ (Pd in full now & sent in by 11-30-09)
OR Clinic Tuition after 12-1-09, (\$250 per person): \$_____ (\$100 minimum due now)
"TTEAM " Fri eve (Clinic Riders No charge) \$_____ (\$15 before 12-15-09; \$20 after 12-15)
Stabling: ___Sat ___Sun \$_____ (\$20/day stall)
School Horse Rental : ___Sat. ___Sun. \$_____ (\$25/day)
#___Participating Auditors: ___Sat. ___Sun. + \$_____ (\$30/day before 12-15;\$40 after 12-15)
Catered lunch Saturday + \$_____ (\$10)
Catered lunch Sunday + \$_____ (\$10)
#___ Pre-Clinic CR Lessons ___P ___SP + \$_____ (\$70 Private; \$45 Semi-Private)
#___ Pre-Clinic TTEAM Session for your Horse \$_____ (\$140 for approx. 1.5 hours)
Total DUE \$_____
Total Enclosed - \$_____
Balance Due by 12-31-09:\$_____

Please make check or money order payable to: BRENT CUDMORE, LLC

Regarding lunch and snacks, do you have any dietary restrictions or allergies? _____

Please send information about overnight accommodations.

Your Riding Level: [] Basic (or lacking confidence) [] Novice (walk, trot, some canter) [] Intermediate [] Advanced [] Instructor [] Riding green horse [] Jumping (what size fences are you comfortable jumping? _____

Briefly describe your riding experience: _____

Please tell us about the horse you'll bring to the clinic: (include age, breed, training level etc) _____

What is your primary riding discipline? ___Hunter/Jumping ___Combined Training ___Dressage ___Western ___Basic Horsemanship ___Other: _____

If renting a school horse for the clinic, please give us your approximate height and weight:

(This will help us match you to a horse): _____

Have you had any experience in Centered Riding? ___ If yes, please describe (Centered Riding Clinic, Lessons, etc) _____

Any issues or conditions instructor should be aware of (medical restrictions, old injuries, confidence issues?) _____

What would you like to learn from this clinic? _____

Please return to: KIT CUDMORE, GLENCARRY STABLE, 15517 INCA LANE, CRESCENT IA 51526.

Thank!